

The NYSSRA State Invitational Regatta will take place on Fish Creek in Saratoga Springs on May 22-23, 2021. The NYSSRA will continue to closely monitor the ever-evolving situation in the state.

Please be aware of your local travel requirements when traveling to this event.

Teams must regularly monitor the health status of their athletes, coaches, and other support staff daily for 14 days before and during the event.

Mandatory testing protocols will be in place for this regatta.

All teams will be allowed one (1) support staff per 15 athletes in addition to the team coaches.

KEY PERSONNEL AND SUPPORT STAFF:

- The NYSSRA, Regatta Director, LOC Representatives, and Chief Referee will review all COVID-19 preparations on-site.
- Chris Chase is the regatta director and can be reached for general regatta information at one of the following: chaserow1@gmail.com or chris.chase@usrowing.org or (518) 376-9172.

SECTION I – GENERAL MEASURES

Failure to abide by the COVID protocols may constitute Unsportsmanlike Conduct ([Rule 2-410](#)). The offending crew or organization may be subject to the penalties associated with Unsportsmanlike Conduct, including having the team or crew's further participation at the regatta being prohibited.

Each competing organization must assign a team-designated COVID Officer who will be responsible for managing the team's daily wellness checks, reporting, interactions with regatta staff, contact-tracing, and any other elements in the event of a positive test.

All members of the organization's traveling party (athletes, coaches, support staff, **and bus/team van drivers**) must remain in a COVID-controlled environment or "bubble." It is the responsibility of each organization to make sure their athletes, coaches, support staff, **and bus/team van drivers** are wearing facemasks and practicing physical/social distancing when off venue, as well as while in the venue.

Athletes competing in team boats should not socialize with athletes outside of their crew to protect against exposure to COVID. Only athletes, coaches, and team support staff will be allowed in the athlete area. The team designated COVID Officer will create a list of all athletes, coaches, support staff, **and bus/team van drivers**. Only people on this list with a specific,

team-oriented job will be allowed in the athlete area. There will be no spectators allowed in the athlete area at any time. If spectators are found in the athlete area, the team they are associated with could be excluded from the event immediately.

SECTION II – TESTING PROTOCOLS

REQUIRED DOCUMENTATION/ATTESTATION:

- The COVID Officer will be responsible for collecting proof of all COVID team testing/vaccination data and submitting the team roster form confirming that all the team's athletes, coaches, support staff, and bus/team van drivers adhere to one of the following conditions:
 - Proof of full vaccination.
 - Full vaccination means at least two weeks have passed since the last shot of the vaccine.
 - Proof of a negative test result administered NO MORE than 72 hours prior to their arrival at the venue.
 - Acceptable forms of testing include EITHER a PCR test OR an antigen (rapid diagnostic) test.
 - Proof of a recent positive test that occurred MORE than two weeks but LESS than three months from Friday, May 21st.
 - In addition to a positive test result, a letter from the individual's health care provider indicating they have fully recovered and are not contagious is preferred.
- Any athlete, coach, support staff, or bus/team van drivers that does not have proof of one of the above conditions will not be permitted into the venue. The COVID Officer should keep all documents on file as a team could be reviewed at any time by the LOC or NYSSRA.
- The NYSSRA will hold all referees and regatta staff that will come into close contact with athletes, coaches, or team support staff to the same conditions outlined above. Proof shall be provided to the LOC before being allowed into the venue.

TESTING PROTOCOLS:

- Tests will be coordinated by each individual team and the results will be submitted to each team's designated COVID Officer. It is up to the team to find a testing provider.
 - It will be each team's responsibility to coordinate and track testing for all athletes, coaches, and individuals traveling directly with the team.
- All tests must be administered no more than 72 hours prior to arrival at the venue.
- All testing results must be submitted to the team's designated COVID Officer and on file with the team's designated COVID Officer via the above method before arriving on site.
- Fully vaccinated people do not need to get tested before travel.

- Proof of vaccination for any athlete, coach, or individual traveling directly with the team will need to be submitted to the team's designated COVID Officer.
- Fully vaccinated individuals must take a picture of their COVID Vaccination Record Card and submit it with other required paperwork to the team COVID Officer. This information must stay on file with the COVID Officer, as the LOC or NYSSRA may request to review the documentation at any time.
- All athletes, coaches, support staff, **bus/team van drivers**, and officials who report a positive COVID test will be excluded from the regatta and required to follow local and state guidelines. Additionally, it is the responsibility of the team designated COVID Officer to conduct all contact tracing and to alert the Regatta Director on the boats that have been affected and that which need to be scratched.

HOW TO SUBMIT YOUR TEAM ROSTER & TESTING RESULTS:

- The team's COVID Officer must fill out the form labeled **2021 NYSSRA STATE INVITATIONAL REGATTA – TEAM ROSTER**. This form must be completed with the names of their athletes, coaches, support staff, **and bus/team van drivers**, along with other requested information. Only people on this form are permitted in the athlete area during the regatta.
- The team's COVID Officer must gather proof of one of the conditions described in the **REQUIRED DOCUMENTATION/ATTESTATION** section above for each person on the team's list explained in the prior bullet point.
 - The proof will remain with the team's designated COVID Officer and may be reviewed by the NYSSRA at any time. This must be in the COVID Officer's possession before arriving on site.
- Please email the signed document at the end of this document and the team roster to Chris Chase (chaserow1@gmail.com or chris.chase@usrowing.org).
 - The email should include the subject line of **NYSSRA STATE INVITATIONAL - [INSERT TEAM NAME] - COVID SUBMISSION**.
 - You will receive a confirmation email upon receipt including status of your compliance to the COVID protocol. If you are not fully compliant, an email will be sent to you stating the reason(s) for noncompliance. Please note that if you do not receive a confirmation email, your email was not received.
 - It is the responsibility of the COVID Officer to seek further assistance. Please reach out to Larry Muri (ltmuri@msn.com) or David Cusano (djcusano@gmail.com) for further assistance.

SECTION III – VENUE PROTOCOLS

VENUE ACCESS:

- Only accredited individuals and specified volunteers will be permitted on the venue. Athletes, coaches, support staff, and bus/team van drivers must be listed on the team's roster by the team designated COVID Officer to be accredited for the athlete area. Anyone on the venue without accreditation will be asked to leave the venue. Repeat offenses could result in the exclusion of boats competing for the offending organization.

SYMPTOM SURVEY:

- The team designated COVID Officer must monitor their athletes, coaches, support staff, and bus/team van drivers by completing a daily wellness (symptom) survey on days that they are on venue. The symptom survey should ask the below questions. Also, organizations must monitor their athletes, coaches, support staff, and bus/team van drivers for signs of symptoms before traveling to the regatta. By attending this regatta, each team is agreeing to complete this daily wellness (symptom) survey on days that they are at the venue.
- The symptom survey should include:
 - First Name, Last Name, Contact Phone
 - Yes/No Question: Have you had any COVID symptoms in the past 14 days?
 - Shortness of Breath
 - Cough
 - Sore Throat
 - Stuffy Nose
 - Fever/Chills
 - Headache/Body Ache
 - Mucus or Phlegm
 - Pink Eye
 - Loss of Smell/Taste
 - Discoloration and/or Painful Rash on Fingers/Toes
 - Hypersensitive Skin
 - Nausea/Vomiting
 - Diarrhea
 - Yes/No Question: Have you been in contact with someone who has tested positive for COVID in the past 14 days?
 - If yes to either question, have you been cleared to participate and cleared to be on venue and participate?
- All staff, referees, and volunteers will complete a daily wellness (symptom) survey on days that they are on venue.

FACEMASK REQUIREMENTS:

- Facemasks covering both the mouth and nose are always required for everyone at the venue. Surgical masks are preferred, and neck gaiters/bandanas are not acceptable.
- Competitors must wear a facemask until after launching and prior to landing on the dock.
- Please refer to the [CDC Guidance](#) on facemasks.
- If anyone on the venue is found without a facemask on, they will be asked to put one on, covering the mouth and nose. If facemask noncompliance occurs repeatedly, the COVID Officer for the associated team(s) will be notified, and it will be their responsibility to ensure the team complies with the facemask requirement. If noncompliance persists, the offending crew(s) will be asked to leave the venue and their boats excluded from the competition.

TEMPERATURE CHECKS:

- It will be the responsibility of the team COVID Officer to perform temperature checks for all athletes, coaches, support staff, and bus/team van drivers before entering the venue.
- Anyone who registers a temperature above 100.4 degrees will not be permitted on the venue.
- If any individual registers a temperature above 100.4 degrees, they will need to be evaluated by the event medical staff for symptoms and may need a negative antigen (rapid diagnostic) COVID test to be permitted back on the venue.

DISTANCING:

- It is important to maintain physical/social distance to other people. Please maintain six (6) feet of physical/social distance where practicable.

HAND SANITIZING:

- Hand sanitizers will be available in certain specified locations throughout the venue, but it is recommended that teams have hand sanitizers on hand and each attendee brings their own.

OTHER SAFETY NOTES:

- Participants must bring their own drinking water from off-site. It is the responsibility of the team to keep their water bottles full.
- Participants are responsible for providing their own PPE. If needed due to loss, damage, or poorly fitting PPE, some will be provided at the registration desk on-site.

SAFETY OFF VENUE:

- It is the responsibility of each team to make sure their athletes, coaches, support staff, and bus/team van drivers that represent the team are wearing facemasks and

practicing physical/social distancing when off venue as well. Athletes competing in team boats can room together but should not socialize with athletes outside of their boat to protect against exposure to COVID.

- Please take the following into consideration when planning for your travel:
 - Optimize room occupancy to create bubbles among crews, minimizing exposing other crews on the team to infection
 - Minimize contact during travel to a regatta location from the participant’s home location
 - Minimize contact when going to and from the venue once arriving at the regatta location
 - Limit activity to your hotel room and the team-designated area at the venue as much as possible (i.e., using carry-out or delivery for meals and eating in your hotel room), and
 - Monitor the health and wellness of your traveling party (athletes, coaches, and other staff) daily.

SECTION IV – SYMPTOMS/POSTIVE TEST PROTOCOLS

SYMPTOMATIC ACCREDITED INDIVIDUALS:

- Should any accredited individual develop signs or symptoms of COVID, they must not attend practice or competition or travel to the venue. Anyone participating in the event developing any of these signs or symptoms, must notify the Regatta Director immediately. Arrangements must be made to have the athlete or staff member evaluated by onsite medical personnel.
 - Signs and symptoms of COVID include fever, cough, shortness of breath, fatigue, muscle or body aches, congestion, runny nose, loss of taste or smell, headache, diarrhea, sore throat, nausea, or vomiting.
 - Please refer to the [CDC guidance](#) on symptoms.
- Symptomatic individuals will be required to provide a negative Antigen or PCR COVID test before being allowed to participate. It will be the responsibility of the participant to obtain the necessary FDA-approved test.
 - COVID Testing can be found on the [Saratoga County website](#).

ACKNOWLEDGEMENT & REPORTING OF SYMPTOMS:

- Should any accredited individual experience COVID-related symptoms, they must contact the Regatta Director as soon as possible. Onsite medical personnel will evaluate the participant and determine appropriate next steps for treatment. Based upon the evaluation of the participant, a decision will be made regarding whether the participant will be excluded from participation. Failure to report symptoms may result in exclusion from the event.

ISOLATION OF SICK PARTICIPANTS:

- Any participant who becomes ill while on venue will be asked to isolate in the medical area until they are able to be evaluated by onsite medical personnel.
- Upon evaluation, the participant may need a COVID test.
- If the COVID test is positive, the participant will not be permitted to remain or compete at the venue.
- Individuals who test positive will be asked to provide their whereabouts over the preceding 48 hours to facilitate contact tracing. It is the responsibility of the team designated COVID Officer to conduct the contract tracing for their positive athlete, coach, support staff, **and bus/team van drivers**.

CONTACT TRACING:

- Any participant who had close, sustained contact with an individual testing positive for COVID will be required to follow state and local guidance on quarantine procedures. It is the responsibility of the team’s designated COVID Officer to perform the necessary contact tracing for anyone that has tested positive.
- The CDC currently defines **Close Contact** as:
 - *“Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated.”* See [CDC guidelines](#).
- Close contact participants will be excluded from continued participation in the event, with the following exception:
 - Any participant who is identified through contact tracing as a high-risk contact will be allowed to continue in the event if they:
 - Have tested positive for COVID within 90 days of the contact.
 - Can produce the test result.
 - Is symptom free.

SECTION V – REGATTA INFORMATION

REGISTRATION:

- By the time a team has arrived on site, all paperwork verifying that all athletes, coaches, support staff, **and bus/team van drivers** comply with the conditions described in the **REQUIRED DOCUMENTATION/ATTESTATION** section above must be in the hands of the team-designated COVID Officer.
- Upon arriving at the venue, the COVID Officer will approach the registration tent and check in for the team. The team designated COVID Officer must provide a signed copy of the last page of this document (NYSSRA State Invitational Regatta COVID Protocols), which also is required to be sent via email by no later than May 21st at 12:00 P.M. ET.

- Once the above check-in has occurred and the team is COVID compliant, wristbands will be given to the COVID Officer and immediately put on each of their athletes, coaches, support staff, and bus/team van drivers confirmed on the roster. We suggest that this is done at the team bus or anywhere outside of the athlete area.
- Once wristbands are on, the team will then access the venue via the same entrance. A volunteer will check that everyone entering the athlete area always has wristbands on their wrist or ankle.
- If a wristband falls off, is damaged, or otherwise needs to be replaced, the athlete and coach must go back to the registration area with the affected wristband and ID to request a replacement. Once the ID is verified, a replacement will be issued.
- Each participant is required to be a current member of USRowing with either a Basic membership plus Regatta Package or a Championship membership. Each participant also must have an executed waiver, with the new communicable diseases' language, on file.
 - Each competing organization is required to be a current organizational member of USRowing.
- Trailers must coordinate with the Regatta Director (chaserow1@gmail.com or chris.chase@usrowing.org or (518) 376-9172) before arrival. Upon arrival of the trailer, it is expected that the trailer is parked and set up with as minimal staff as possible, and once set up, immediately leave the venue. Please note: the trailer driver will be required to show their wristband to be admitted back in the trailer area.
- Any remaining balance for outstanding entry fees must be paid before an organization can pick up its accreditation.

COACHES & COXSWAINS:

- The Coaches & Coxswains will be held virtually over Zoom with the date is TBD. It will be recorded and posted at the NYSSRA YouTube channel (NYS Rowing). All competitors and coaches are responsible for any information given at this meeting.

ATHLETE WEIGHING:

- There will be no lightweight events at this event.

BOW NUMBERS:

- Teams are responsible for providing their own bow numbers for all racing.

EQUIPMENT SAFETY CHECKS:

- It is the responsibility of the team to ensure the safety of all equipment. By attending this event, the team is confirming that all equipment is deemed safe per the *USRowing Rules of Rowing*.
- Safety spot checks also will be done including visual checks by the Referee.

- If a Race Official has concerns about the safety of equipment, they shall have the competitor demonstrate that the equipment meets the requirements in the *Rules of Rowing*.

DOCKS:

- The number of people on the launch and recovery docks at any given time will be limited to no more than necessary to ensure safe launching and landing. There must be adherence to the minimum physical distance of six (6) feet. All people on the dock must wear a facemask that covers the mouth and nose.
- The members of the Control Commission will manage the adherence to this rule. Everyone must comply with their instructions.
- It is recommended that each boat should launch between 30 and 35 minutes prior to the start of their race. It is the responsibility of the crew to ensure they make their race on time.
- Facemasks may only be removed once the boat is on the water and pushed away from the dock completely.

BATHROOMS/PORTABLE TOILETS:

- Toilets will be cleaned and disinfected once a day.
- Each team will have one (1) portable toilet behind their trailer area. If a team requests an additional portable toilet, they must contact the Regatta Director at chaserow1@gmail.com or chris.chase@usrowing.org to have that arranged. The team will pay the LOC for use of an additional portable toilet. Teams are permitted to use only the portable toilet(s) associated within their trailer area throughout the entirety of the event.

MEDAL CEREMONIES:

- There will be no formal medal ceremonies.
- Individual boats will be allowed to collect their medals throughout the regatta.
- Trophies and plaques will not be presented in 2021.

SPECTATORS:

- Spectators are NOT permitted.

TEAM TENTS:

- Each team will receive a 10x10 team area that will be socially distanced from other teams. The LOC will direct each team to its 10x10 area upon arrival. If more space is needed to accommodate larger teams, this can be discussed upon arrival with the LOC. All team space will be built into the trailer space allotted per team.
- Athletes, coaches, and other accredited team personnel must eat in their respective team tents.

- Proper physical/social distancing guidelines should be followed within team tents.
- No buffet-style food service is permitted.
- Only single-serve water/drink bottles, pre-packaged individual snacks, and individually packaged meals will be permitted.
- People who are accredited for the athlete area must stay in either the team trailer area, team tent area, or must be walking to or from the docks with the intention to launch or recover from their race or practice time.

NYSSRA STATE INVITATIONAL REGATTA COVID PROTOCOLS

COVID Officer Acknowledgement

Version 2.0

This form must be signed and dated by the team's designated COVID Officer for each participating team/organization.

As the team's designated COVID Officer, I attest that all members of the team's traveling party representing the organization listed below have tested negative for COVID-19 within 72 hours preceding their arrival on venue, or have been fully vaccinated and are at least 14 days removed from their final COVID vaccination shot, **or have proof of a recent positive test that occurred MORE than two weeks but LESS than three months from Friday, May 21st.**

I further attest that any athlete who was previously diagnosed with COVID has been cleared by their physician to resume participation in rowing activities and is no longer symptomatic.

I also attest that the team has implemented, and will follow, all the regatta's COVID protocols beginning Friday, May 21st and ending after the conclusion of racing and departure from the venue on Sunday, May 23rd.

By signing this form, I am confirming that all the submitted information for my team is accurate. I understand that if the information is incomplete or found to be inaccurate, or if any member of our team's travelling party or our spectators/parents/supporters violate the event's COVID protocols, our team may be subject to penalties up to, and including, exclusion from the 2021 NYSSRA State Invitational Regatta and future events.

Team/Organization Name: _____

Team Designated COVID Officer Name: _____

Team Designated COVID Officer Email: _____

Team Designated COVID Officer Signature: _____

Date: _____

Please note that this form must be submitted to Registration upon arrival of the event. A copy of this form must also be presented upon checking in and will be required to receive your team's wristbands.